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Kaleidoscope Music Framework

Example Activities

Created by Lauren Best for PCM Hub, 2023

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Connecting and Preparing

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Examples of prompts to start a group as part of Connecting and Preparing:

- *What was something that was challenging in your practice this week? What was fun? Interesting?*
- Take turns wondering something about _____ (ie. *your instrument, my instrument, your book of music, this object that I'm making sounds with, etc*). No definitive answers allowed, just wonders!
- *What's an interesting sound you heard this week?* Variation: participants imitate the interesting sound they heard with their voice/instrument and other participants guess what made the sound.
- *What do you remember from last week's class? What shines as something you really liked, or stands out to you for another reason?*
- *Think back through all the times we have met and made music so far... what do you remember as one of your favourite songs or activities? Why? What about it was so great?*
- *What is one of your favourite songs, or a song you heard this week that you really liked? Tell us a bit about it.* (this can lead into a discussion about elements of music- can brainstorm the different aspects of the music to use for activities at other times)
- Play short recorded clips of music (or teacher performs) and each give one word to describe what they heard. Repeat with different music. Open up to longer feedback than just one word, or different types of descriptors to associate with music like colours, emotion words, a setting/scene, etc.
- Create as many sounds as possible from a common object (ie. sheet of paper, cup, towel) taking turns to attempt different techniques (ie. each person with their own object, or one person as "performer" and the others generating ideas and instructing how to make sounds with the object in different ways)
- Share sounds from a found object or unique instrument. Set a short timer for students to find their own sound-making object, then share.